

Thomas Harding PE Curriculum – Whole School Overview  
Based on 2 hours of Physical Education a week

|        | Term 1A                                                | Term 1B                                        | Term 2A                             | Term 2B                            | Term 3A                                  | Term 3B                                                |
|--------|--------------------------------------------------------|------------------------------------------------|-------------------------------------|------------------------------------|------------------------------------------|--------------------------------------------------------|
| Year 3 | <b>Invasion Games</b><br>Tag Rugby                     | <b>Gymnastics</b><br>Symmetry & Asymmetry      | <b>Net Wall Games</b><br>Tennis     | <b>Invasion Games</b><br>Netball   | <b>Striking</b><br>Rounders              | <b>Athletics</b><br>Throwing & Jumping                 |
|        | <b>Outdoor Activities</b><br>Problem Solving           | <b>Invasion Games</b><br>Football              | <b>Dance</b><br>Wild Animals        | <b>Dance</b><br>Festival           | <b>Athletics</b><br>Running              | <b>Outdoor Activities</b><br>Orienteering              |
| Year 4 | <b>Invasion Games</b><br>Handball                      | <b>Gymnastics</b><br>Bridges                   | <b>Invasion Games</b><br>Basketball | <b>Net Wall Games</b><br>Tennis    | <b>Striking</b><br>Cricket               | <b>Athletics</b><br>Throwing and Jumping               |
|        | <b>Outdoor Activities</b><br>Communication and Tactics | <b>Invasion Games</b><br>Hockey                | <b>Dance</b><br>Space               | <b>Dance</b><br>Festival           | <b>Athletics</b><br>Running              | <b>Outdoor Activities</b><br>Problem Solving           |
| Year 5 | <b>Swimming Group1</b>                                 | <b>Swimming Group1</b>                         | <b>Swimming Group1</b>              | <b>Swimming Group2</b>             | <b>Swimming Group2</b>                   | <b>Swimming Group2</b>                                 |
|        | <b>Invasion Games</b><br>Tag Ruby                      | <b>Gymnastics</b><br>Counter Balance & Tension | <b>Net Wall Games</b><br>Badminton  | <b>Invasion Games</b><br>Netball   | <b>Striking</b><br>Rounders              | <b>Athletics</b><br>Running                            |
|        | <b>Outdoor Activities</b><br>Orienteering              | <b>Invasion Games</b><br>Football              | <b>Dance</b><br>Greeks              | <b>Dance</b><br>Festival           | <b>Athletics</b><br>Throwing and Jumping | <b>Outdoor Activities</b><br>Communication and Tactics |
| Year 6 | <b>Swimming Group 3</b>                                | <b>Swimming Group 3</b>                        | <b>Swimming Group 3</b>             |                                    |                                          | Woodrow Residential                                    |
|        | <b>Invasion Games</b><br>Handball                      | <b>Gymnastics</b><br>Matching & Mirroring      | <b>Invasion Games</b><br>Basketball | <b>Net Wall Games</b><br>Badminton | <b>Striking</b><br>Cricket               | <b>Athletics</b><br>Throwing and Jumping               |
|        | <b>Outdoor Activities</b><br>Problem Solving           | <b>Invasion Games</b><br>Hockey                | <b>Dance</b><br>Carnival            | <b>Dance</b><br>Festival           | <b>Athletics</b><br>Running              | <b>Striking</b><br>Rounders                            |