



Thomas Harding Year 4 Long Term PSHE Planning

AUTUMN TERM Core theme 1: Health and Wellbeing		SPRING TERM Core theme 2: Relationships		SUMMER TERM Core theme 3: Living in the wider world	
PSHE Association KS2 Programme of Study Learning opportunities covered	PSHE Association Primary Planning Toolkit Topics / Y4 learning objectives	PSHE Association KS2 Programme of Study Learning opportunities covered	PSHE Association Primary Planning Toolkit Topics / Y4 learning objectives	PSHE Association KS2 Programme of Study Learning opportunities covered	PSHE Association Primary Planning Toolkit Topics / Y4 learning objectives
H1/H2. To understand what positively and negatively affects their physical, mental and emotional health. To understand how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle' H17. To learn which, why and how, commonly available substances and drugs (including alcohol, tobacco and 'energy drinks') can damage their immediate and future health and	Healthy lifestyles • about what makes a 'balanced lifestyle' • about making choices in relation to health • about drugs that are common in everyday life (medicines, caffeine, alcohol and tobacco) • how the spread of infection can be prevented	R9. To understand the concept of 'keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret' R15. To learn to recognise and manage 'dares'	Feelings and emotions • about the concept of keeping something confidential or secret • about when they should or should not agree to keeping a secret • to recognise and manage dares	L1. For pupils to research, discuss and debate topical issues, problems and events that are of concern to them and offer their recommendations to appropriate people L11. To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom L12. To consider the lives of people living in other places, and people with different values and customs L15. To learn that resources can be allocated in different ways and that these economic choices affect individuals,	Rights and responsibilities • to discuss and debate issues concerning health and wellbeing • to appreciate difference and diversity (people living in the UK) • about the values and customs of people around the world



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safety; that some are restricted and some are illegal to own, use and give to others H12. To understand that bacteria and viruses can affect health and that following simple routines can reduce their spread				communities and the sustainability of the environment across the world	
H5. For pupils to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals	Growing and changing • to recognise their achievements and set personal targets for the future	R8. To judge what kind of physical contact is acceptable or unacceptable and how to respond R12. To develop strategies to solve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves	Healthy relationships • about the difference between acceptable and unacceptable physical contact • how to respond to unacceptable physical contact • about solving disputes and conflict amongst themselves and their peers	L15. To learn that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world	Environment • about the sustainability of the environment across the world
H21. To develop strategies for keeping physically and emotionally safe including road safety (including cycle safety	Keeping safe • about keeping safe in the local environment • about keeping safe online	R10. To be able to listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to	Valuing difference • how to listen and respond respectfully to a wide range of people • about sharing their points of view	L13. For pupils to learn about the role money plays in their own and others' lives, including how to manage their money and about	Money • about the role of money • ways of managing money (budgeting and saving) • about what is meant by 'interest' and 'loan



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the Bikeability programme), and safety in the environment (including rail, water and fire safety) H22/H25. To develop strategies for keeping safe online; the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others. How to manage requests for images of themselves or others; what is and is not appropriate to ask for or share, who to talk to if they feel uncomfortable or are concerned by such a request		recognise and care about other people's feelings and try to see, respect and if necessary constructively challenge, their points of view		being a critical consumer L14. To develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. contribution to society through the payment of VAT)	
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SUMMER TERM 2

Three CWP RSE lessons to be taught