PRP Overview

- PRP is a twelve-session group work programme designed to support group members who have evidenced aggression within their intimate partner relationships.

- PRP is an educational, strength-based programme that supports individuals who want to find healthier, safer solutions to relationship-based problems and conflict.

PRP Content and Structure

- PRP addresses the following key areas:
  - Increasing self- and other-awareness
  - Self-efficacy and self esteem
  - Emotion regulation
  - Alcohol awareness
  - Social problem solving skills training
  - Goal and solution identification
  - Resources, skills and tools to resolve social problems and aggression within intimate relationships

- PRP comprises of 12 sessions, broken down into three stages:
  - 1 X Pre Group Meeting,
  - 10 X Group Sessions and
  - 1 X Post Group Feedback Meeting

- Groups will run on Saturdays from one of six delivery sites across Thames Valley *(Bicester, Reading, Milton Keynes, High Wycombe, Oxford, Slough)*

Eligibility Guidance for PRP

- Repeat offending against the same or multiple victims
- Standard or Medium Risk
- Victim is supportive of the PRP and engages with specialist support services
- Priority given to cases where there is a child within the family or household

Format

- PRP will be delivered by two fully trained facilitators and the group will be supported by a Treatment Manager who will undertake quality assurance.

- Safety Link Worker Services will run alongside the programme to support the current partner or victim of the man attending the group

Enabling and Encouraging Engagement

Please consider ways to address the following potential barriers to attending PRP:

- Employment at weekends
- Physical & mental health
- Literacy & language
- Childcare & dependants
- Motivation & engagement

Early identification and management of these barriers will increase the likelihood of attendees successfully completing the programme.

Thames Valley
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PROBATION

Positive Relationships Programme

Information Guide for Professionals



A Thames Valley Community Rehabilitation Company and Thames Valley Police partnership

Frequently Asked Questions

Where and when are the sessions?

Sessions will run out of one of six delivery sites across Thames Valley on a Saturday. Group members may have to travel to one of two central delivery sites in Bicester or Reading. Sessions will either be morning, or afternoons.

How large are the groups?

Groups consist of a minimum of 4 and a maximum of 10 participants. Group members are supported throughout the whole process the Facilitators.
Because they will have met them once beforehand, they will have the opportunity to discuss any concerns that they may have about this.

Do you provide travel assistance?

Group members will be supported to attend by the programmes team, who give travel warrants for buses/trains.

What happens if group members know someone else on the group?

In the main, it depends on the circumstances of how the individuals know each other, and how comfortable they feel about having someone from their social circle in the group.

A case-by-case decision will be made by the Treatment Manager. As a general expectation, close relatives (e.g. siblings, parents) and spouses are not be permitted on the same group.

Frequently Asked Questions

How often do they run?

Each cycle of PRP takes 12 weeks, and there will be a start date approximately every two months, as start dates will be staggered for the morning and afternoon groups.

How much writing is there?

Group members can write as much as they want to, but if reading/writing are difficult, then help is always provided by one of the Facilitators, e.g. in explaining trickier words, or in making notes on worksheets

What happens if a group member misses a sessions?

To avoid the detrimental impact on group members' learning and understanding, they should attend every session. If for any reason, they are unable to attend any session, a catch up will be provided prior to the next session. If a group member misses more than two sessions during the course of the programme they may not be able to complete the programme.

What is the group like?

Each group session has a range of tasks and approaches to achieve the learning; these vary from discussions, small group exercises, pair work, written work and watching video clips.

Active participation is expected from everyone, but how a group member shows they are engaged can vary for different people.

Contact Details

The following Managers should be available to take your call and support you in answering any further questions you may have:

Treatment Managers:
Gareth McGinley 07464 648384
Katie Hopkins 07464 647961

Programme Manager:
Susan Arnold 07464 647647

Referrals to be sent to
Prpreferrals@thamesvalley.pnn.police.uk

Or email us on:
Firstname.surname@thamesvalleycrc.org.uk

Contact our Admin team at Talisman House on 01869 328500 or

TVYAllCRCProgrammesAdmin@thamesvalleycrc.org.uk