Young Carers say

Thank you sooo much for all you have done for me! I really needed a break. THANKYOU!!

Thank you so much for taking me to Paris. I had an amazing time, with experiences I will remember for ever.

Young carers makes me feel safe and relaxed.

A big Thank You to all of you for giving James a break. You have given him some amazing memories and an opportunity that is difficult for us to give him and we are truly grateful.

Find out more

If you are a parent or a young carer and would like to find out more contact the Young Carers' Team closest to where you live:

Aylesbury
Ardenham Court
Oxford Road
Aylesbury HP19 8HT

01296 392711

High Wycombe
39 Queens Road
High Wycombe
HP13 6AQ

01494 463536

07805 920845

ycaylesbury@carersbucks.org
ycwycombe@carersbucks.org

www.youngcarersbucks.org

If you know a young person who would benefit from support please check our referral criteria at:

www.youngcarersbucks.org

or call 0300 777 2722

CarersBucks

Buckinghamshire County Council

carerstrust
a Network Partner

Carers Bucks is the operating name of Carers Trust Bucks and Milton Keynes, a company registered in England, Company No: 4941481; Registered Charity No: 1106745

Young CarersBucks

Are you a young carer? Do you know somebody who is?



A young carer is a child or young person aged 6-18 years who is caring for a family member.

Contact Young Carers Bucks for advice, support and friendship.

Young carers are...

6 - 18 years old caring for a family member with a:

- physical or mental illness
- disability
- drug or alcohol dependency

The person being cared for may be a parent or sibling or other relative living in the same household.



Young carers are not...

childminders for siblings where there is no illness, disability or substance misuse in the family.





Young Carers Bucks offers:

- regular club nights
- specialist group work
- targeted activities
- one to one support
- someone to talk to who understands
- information, advice and signposting
- the opportunity to meet other young carers
- school support

Family Support Service

Our Family Support Service works with young carers and their families struggling to access the services they need.

Our aim is to minimise the impact of caring on the young carer(s) in the family.

We provide:

- home visits and assessments
- support for parent/adult to access treatment and/or services
- one to one support for the young carer(s)
- positive activities including linking in with the main Young Carers Service.
- advice, information and linking families into community facilities

"Family Support offered me practical support to help me on the road to recovery from my addiction"